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Weight Bias: Nature, Consequences, and Remedies Kelly D. Brownell PhD, Rebecca M. Puhl, Marlene B. Schwartz Phd, Leslie Rudd. Discrimination based on body shape and size remains commonplace in today's society. This important volume explores the nature, causes, and consequences of weight bias and presents a range of approaches to combat it.

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BOOK REVIEWS: Weight Bias: Nature, Consequences and Remedies. (Edited by Kelly D. Brownell, Rebecca M. Puhl, Marlene B. Schwartz, and Leslie Rudd. New York, NY: Guilford Press; 2005; 320 pp; hardcover; \$35.00) Compiled by leading scholars, this welcome volume pulls together a large amount of information about the nature and extent of weight bias, and the ways in which society overtly and covertly discriminates against obese persons.

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Weight Discrimination: A Socially Acceptable Injustice ...

In addition to damaging consequences for the mental health of those targeted, weight stigma adds insult to the direct injury of obesity, causing physiological stress, weight gain, disordered eating, and other maladaptive behaviors, and may increase mortality (3, 4). There is likely a bidirectional relationship between obesity and weight stigma; discrimination is a prominent consequence of ...