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But author Lindsay Broomfield, an international gymnastics competitor, senior club coach and gymnastics tutor, lays to rest those misconceptions in Complete Guide to Primary Gymnastics. Noting that gymnastics is accessible to all and straightforward to teach, Lindsay provides clear instruction for primary teachers and club coaches even those with little or no experience to teach gymnastics skills.

Complete Guide to Primary Gymnastics: Amazon.co.uk ...

Complete Guide to Primary Gymnastics will help teachers meet the early learning goals and primary curriculum guidelines for gymnastics. More than that, it makes gymnastics accessible, fun and rewarding for all pupils and teachers. This handy resource is perfect for primary school teachers, coaches and the children they instruct.

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Complete Guide to Primary Gymnastics by Lindsay Broomfield ...

Step-by-step instruction for teaching basic gymnastics skills. A systematic approach that focuses on five basic gymnastics shapes (stretch/straight, tuck, star, straddle, pike) and five actions (balance, roll, invert, travel, jump and land) to develop gymnastics skills. Gymnastics shape + gymnastics action = gymnastics skill.

Complete Guide to Primary Gymnastics - Gymnastics Consultancy

Complete Guide to Primary Gymnastics will help teachers meet the early learning goals and primary curriculum guidelines for gymnastics. More than that, it makes gymnastics accessible, fun and rewarding for all pupils and teachers. This handy resource is perfect for primary school teachers, coaches and the children they instruct.

Complete Guide to Primary Gymnastics - Human Kinetics

Complete Guide to Primary Gymnastics is a book and DVD package for primary school teachers and club coaches working with pupils in reception to year 6. It presents the five basic shapes and applies actions to them to develop gymnastics skills.

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