

Woman Who Glows In The Dark

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Woman Who Glows in the Dark

A Curandera Reveals Traditional Aztec Secrets of Physical and Spiritual Health *Penguin*
"An autobiographical account of how a psychiatric nurse specialist became a folk medicine healer; this also explains the origins and practice of one of the oldest forms of medicine in the New World."—Kirkus.

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A Curandera Reveals Traditional Aztec Secrets of Physical and Spiritual Health

Woman who Glows in the Dark

A Curandera Reveals Traditional Aztec Secrets of Physical and Spiritual Health *Tarcher*
A modern healer bridges the gap between Western medicine and Mexican folk medicine to offer a new perspective on women's health.

The Radium Girls

The Dark Story of America's Shining Women *Sourcebooks, Inc.*
A New York Times, USA Today, Wall Street Journal, and Amazon Charts Bestseller! For fans of Hidden Figures, comes the incredible true story of the women heroes who were exposed to radium in factories across the U.S. in the early 20th century, and their brave and groundbreaking battle to strengthen workers' rights, even as the fatal poison claimed their own lives... In the dark years of the First World War, radium makes gleaming headlines across the nation as the fresh face of beauty, and wonder drug of the medical community. From body lotion to tonic water, the popular new element shines bright. Meanwhile, hundreds of girls toil amidst the glowing dust of the radium-dial factories. The glittering chemical covers their bodies from head to toe; they light up the night like industrious fireflies. With such a coveted job, these "shining girls" are the luckiest alive — until they begin to fall mysteriously ill. And, until they begin to come forward. As the women start to speak out on the corruption, the factories that once offered golden opportunities ignore all claims of the gruesome side effects. And as the fatal poison of the radium takes hold, the brave shining girls find themselves embroiled in one of the biggest scandals of America's early 20th century, and in a groundbreaking battle for workers' rights that will echo for centuries to come. A timely story of corporate greed and the brave figures that stood up to fight for their lives, these women and their voices will shine for years to come. Written with a sparkling voice and breakneck pace, The Radium Girls fully illuminates the inspiring young women exposed to the "wonder" substance of radium, and their awe-inspiring strength in the face of almost impossible circumstances. Their courage and tenacity led to life-changing regulations, research into nuclear bombing, and ultimately saved hundreds of thousands of lives...

Every Woman's Guide to Healthy, Glowing Skin

Simple Steps to Beautiful Skin at Any Age *Simon and Schuster*

A Cute, Practical Guide Packed with Useful, Straightforward Information for All! In this day and age, women are expected to have a killer full-time job, time to hang out with friends and family, a successful fitness regime, and oh yeah, glowing skin. According to just about every traditional media source, women have never been more into skincare, and the craze shows no signs of abating. So it’s no surprise that in these stressful times, we’ve turned to skincare not only for hygienic purposes, but as a form of self-care and belonging. However, with more products on the market than ever, the beauty industry can sometimes feel a bit overwhelming and confusing. Do I need a toner? Is it best to use organic products? Should I try Gwyneth’s bee sting therapy? Every Woman’s Guide to Healthy, Glowing Skin answers your burning questions and delves into the specifics of all these new treatments and trends—in a way that feels informative and fun! This practical guide makes the material easily understandable for everyone from ultimate multi-step skin gurus to someone venturing out for their first facial. In Chapter 1, you'll start off learning the essentials (think: product layering and “do I really need that vitamin C serum?”), while later on you'll explore special occasion procedures, body creams, and SPF. Plus, you'll learn how to read product labels like an expert and which “classics” are here to stay (say “hello” to your grandma’s favorite cold cream). Gift it to that friend who already has too many face masks, or as a treat for yourself—it'll make a nice addition to any book shelf or coffee table. So go ahead, indulge.

Glow Girl

Glow Girl is a story about a young girl named Lilly. Damaged from a lifetime of being ridiculed for her weight, and obsessed with the dream of finding love, she escapes into her mind where not having friends or knowing love doesn't matter. Until the first semester of her college career when Lilly falls for a real boy in English class. Adam is the strong, confident, men-want-to-be-him, women-want-to-be-on-him guy. Lilly's obsession with her dream world turns into a fixation on getting Adam to notice her. She allows herself to be bent and broken to fit the mold of a woman he demands her to be, losing herself along the way, and coming to in an unfamiliar world. A new culture takes hold of her, disguised as a misfits' playground full of neon lights and cuddle puddles, where EDM reins and evil people lurk in plain sight. Her only protection? A coke-addicted boyfriend who's probably too busy screwing someone else, anyway. Lilly finds herself in a deadly situation naivety can't save her from. Who will save her this time? Or is she doomed to face the consequences of her choices that become her end? Trigger Warning: Content includes imagery of drug abuse, violence, strong language and death.

So We Can Glow

Stories *Grand Central Publishing*

ONE OF NPR'S BEST BOOKS OF 2020 LONGLISTED FOR THE 2021 JOYCE CAROL OATES PRIZE A lush, glittering short story collection exploring female obsession and desire by an award-winning author Roxane Gay calls "a consummate storyteller." From Kentucky to the California desert, these forty-two short stories -- ranging from the 80's and 90's to present day -- expose the hearts of girls and women in moments of obsessive desire and fantasy, wildness and bad behavior, brokenness and fearlessness, and more. On a hot July night, teenage girls sneak out of the house to meet their boyfriends by the train tracks. Members of a cult form an unsettling chorus as they proclaim their adoration for the same man. A woman luxuriates in a fantasy getaway to escape her past. A love story begins over cabbages in a grocery store, and a laundress's life is consumed by her obsession with a baseball star. After the death of a sister, two high school friends kiss all night and binge-watch Winona Ryder movies. Leesa Cross-Smith's sensuous stories -- some long, some gone in a flash, some told over text and emails -- drench readers in nostalgia for summer nights and sultry days. They recall the intense friendships of teenage girls and the innate bonds between mothers, the first heady rush of desire, and the pure exhilaration of womanhood, all while holding up the wild souls of women so they can catch the light.

You Glow, Girl!

RISE to Your Best Life and SHINE

You are Woman, You will Roar...You Glow Girl! Discover how to ignite the fire within, live your passion, and become the woman you've always dreamed of. In You Glow Girl! serial entrepreneur, mother, dreamer, and doer Beth Wilson-Parentice shows women how to dig deep and become their best selves. If you're ready for a life-changing journey, sister, then You Glow Girl! is for you. Whether you're looking to grow personally or professionally; Beth tells personal stories of persevering through tremendous obstacles growing her multimillion-dollar beverage company while juggling her roles as a wife and mother, overcoming abuse as a child, and learning to truly love herself. This book is a mix of practical and empowering advice, actionable tools, and powerful storytelling. Beth is like a trusted friend - inspiring you with vulnerability letting you know you are not alone. You'll laugh, you'll cry--you'll learn to glow, girl. If you're ready to face your fears, dream big and live your purpose, then pick up a copy of You Glow Girl! and unleash your inner sparkle. Why "You Glow, Girl!"? You glow girl has so many meanings and that's why I chose it for the title of my book. It means women supporting one another, rising up and shining through the darkness, believing in yourself when no one else does, not letting anyone else dim your glow, and it means seeing the light at the end of the tunnel. It was my mission to write this book and if I can help one women by sharing my stories, then mission accomplished! XO, Beth

Glow *Albert Whitman & Company*

Kirkus Reviews Best Books of 2017 Selection Lydia is thrilled to join the working girls in the factory, where they paint luminous watch dials for the soldiers fighting in World War I. In the future, these girls will be known as the tragic Radium Girls: factory workers not only poisoned by the glowing paint, but who also had to fight against men who knew of the paint's deadly effect. One hundred years later, Julie, whose life is on hold after high

school, becomes intrigued by a series of mysterious antique paintings she finds in a thrift store. When she discovers their hidden-and increasingly nightmarish-glowing images, Julie is determined to learn more about them. As Julie's obsession mounts, truths about the Radium Girls-and her own complicated relationships-are revealed. Can she uncover the secrets behind the paintings before she puts herself and everyone she loves at risk?

Sacred Woman

A Guide to Healing the Feminine Body, Mind, and Spirit *One World*

The twentieth anniversary edition of a transformative blueprint for ancestral healing—featuring new material and gateways, from the renowned herbalist, natural health expert, and healer of women’s bodies and souls “This book was one of the first that helped me start practices as a young woman that focused on my body and spirit as one.”—Jada Pinkett Smith Through extraordinary meditations, affirmations, holistic healing plant-based medicine, KMT temple teachings, and The Rites of Passage guidance, Queen Afua teaches us how to love and rejoice in our bodies by spiritualizing the words we speak, the foods we eat, the relationships we attract, the spaces we live and work in, and the transcendent woman spirit we manifest. With love, wisdom, and passion, Queen Afua guides us to accept our mission and our mantle as Sacred Women—to heal ourselves, the generations of women in our families, our communities, and our world.

Girl, You Got This

The Glow Up Guide to Loving Yourself and Your Tribe

+ Self Love + Nutritional Recipes + Fitness + Do it YourselfGirl, We Got This, is an eBook created by Bluhazl, four women who dream to inspire you to live your best life holistically, physically and mentally. BluHazl is a space for women to connect and embrace sisterhood because we believe that we are all sisters here. Sharing our passions through nutritional recipes, health + wellness, and empowerment has created a community of strong and committed women who want to live their best life surrounded by powerful and supportive women. Girl, YOU got this. - @Bluhazl

Homeward Bound

Why Women Are Embracing the New Domesticity *Simon and Schuster*

An investigation into the societal impact of intelligent, high-achieving women who are honing traditional homemaking skills traces emerging trends in sophisticated crafting, cooking and farming that are reshaping the roles of women.

You Glow, Girl!

The Ultimate Health & Skin Care Guide for Teens *Quality Medical Pub*

Provides information on the basics of skin care--cleansing, protection from the elements, acne, etc.--and on the essentials of hair and nail care, with a section on such related topics as diet, exercise, and stress.

Quit Like a Woman

The Radical Choice to Not Drink in a Culture Obsessed with Alcohol *Dial Press*

NEW YORK TIMES BESTSELLER • The founder of the first female-focused recovery program offers a groundbreaking look at alcohol and a radical new path to sobriety. “You don’t know how much you need this book, or maybe you do. Either way, it will save your life.”—Melissa Hartwig Urban, Whole30 co-founder and CEO We live in a world obsessed with drinking. We drink at baby showers and work events, brunch and book club, graduations and funerals. Yet no one ever questions alcohol’s ubiquity—in fact, the only thing ever questioned is why someone doesn’t drink. It is a qualifier for belonging and if you don’t imbibe, you are considered an anomaly. As a society, we are obsessed with health and wellness, yet we uphold alcohol as some kind of magic elixir, though it is anything but. When Holly Whitaker decided to seek help after one too many benders, she embarked on a journey that led not only to her own sobriety, but revealed the insidious role alcohol plays in our society and in the lives of women in particular. What’s more, she could not ignore the ways that alcohol companies were targeting women, just as the tobacco industry had successfully done generations before. Fueled by her own emerging feminism, she also realized that the predominant systems of recovery are archaic, patriarchal, and ineffective for the unique needs of women and other historically oppressed people—who don’t need to lose their egos and surrender to a male concept of God, as the tenets of Alcoholics Anonymous state, but who need to cultivate a deeper understanding of their own identities and take control of their lives. When Holly found an alternate way out of her own addiction, she felt a calling to create a sober community with resources for anyone questioning their relationship with drinking, so that they might find their way as well. Her resultant feminine-centric recovery program focuses on getting at the root causes that lead people to overindulge and provides the tools necessary to break the cycle of addiction, showing us what is possible when we remove alcohol and destroy our belief system around it. Written in a relatable voice that is honest and witty, Quit Like a Woman is at once a groundbreaking look at drinking culture and a road map to cutting out alcohol in order to live our best lives without the crutch of intoxication. You will never look at drinking the same way again.

You Glow Girl

Fun Activities to Get You Glowing! *Fine Print Publishing*

Glow from Within *HarperCollins*
Celebrity aesthetician Joanna Vargas shares her secrets for the first time in this practical, engaging guide to beautiful, glowing skin for everyone. Celebrity aesthetician Joanna Vargas is known for her cutting-edge beauty treatments, high-end products, and famous (and seemingly ageless) clients. But her secret to beautiful skin rests on one simple principle: developing and maintaining a good skincare routine. In *Glow from Within*, Joanna teaches readers how to create the best routine for their skin type. She explains the science behind the labels of various products and tools—from serums to retinols, dry brushes to sheet masks, vitamin c to hyaluronic acid—then offers instruction on how best to incorporate them into a routine. She also shares fresh insight into how the other self-care routines we don’t often connect to our skin—such as nutrition, sleep, and stress management—impact skin appearance and resiliency. In addition to giving readers the tools to create a customizable routine, Joanna will provide specific product recommendations, DIY recipes, and programs for time-specific goals (one week, one month, six months) as well as emergency troubleshooting for skin issues that pop up overnight. *Glow from Within* is the ultimate guide to flawless skin from one of the beauty industry’s most sought-after insiders.

Lorna Simpson Collages *Chronicle Books*
"Black women's heads of hair are galaxies unto themselves, solar systems, moonscapes, volcanic interiors." —Elizabeth Alexander, from the Introduction Using advertising photographs of black women (and men) drawn from vintage issues of *Ebony* and *Jet* magazines, the exquisite and thought-provoking collages of world-renowned artist Lorna Simpson explore the richly nuanced language of hair. Surreal coiffures made from colorful ink washes, striking geological formations from old textbooks, and other unexpected forms and objects adorn the models to mesmerizingly beautiful effect. Featuring 160 artworks, an artist's statement, and an introduction by poet, author, and scholar Elizabeth Alexander, this volume celebrates the irresistible power of Simpson's visual vernacular.

Deadly Glow

The Radium Dial Worker Tragedy *Amer Public Health Assn*

Convenience Store Woman

A Novel *Grove Press*
The English-language debut of one of Japan’s most talented contemporary writers, selling over 650,000 copies there, *Convenience Store Woman* is the heartwarming and surprising story of thirty-six-year-old Tokyo resident Keiko Furukura. Keiko has never fit in, neither in her family, nor in school, but when at the age of eighteen she begins working at the Hiromachi branch of “Smile Mart,” she finds peace and purpose in her life. In the store, unlike anywhere else, she understands the rules of social interaction—many are laid out line by line in the store’s manual—and she does her best to copy the dress, mannerisms, and speech of her colleagues, playing the part of a “normal” person excellently, more or less. Managers come and go, but Keiko stays at the store for eighteen years. It’s almost hard to tell where the store ends and she begins. Keiko is very happy, but the people close to her, from her family to her coworkers, increasingly pressure her to find a husband, and to start a proper career, prompting her to take desperate action... A brilliant depiction of an unusual psyche and a world hidden from view, *Convenience Store Woman* is an ironic and sharp-eyed look at contemporary work culture and the pressures to conform, as well as a charming and completely fresh portrait of an unforgettable heroine.

Glow Getter

Adore the Journey to a Fabulous New Life You Love, Conquer Anything, and Become the Woman You Always Dreamed of Being *Serendipity Island*
Hey, Glow Getter! Have you ever wished you were living a fulfilling, beautiful, kick-ass life of your own-but you have no idea how or where to begin? Maybe you want to start eating cleaner and living a healthier lifestyle, start your own business and eventually quit your job, or you're done with crummy relationships and you want to attract the partner of your dreams? Perhaps even all of the above! Glow Getter is for any woman who wants to transform her life or is in the process of already making some big changes, but feels overwhelmed by the gravity of the task and needs a helping hand to guide and reassure her along the way. Stick with Glow Getter and you'll see the only person truly standing in the way of your dream life is you. This book is packed with helpful tips and tricks that have worked for countless successful women already, including me. In this book, you will discover how to transform your life by learning: - The many challenges you'll face along your journey - Success secrets on how to overcome these (you're stronger than ALL of them!) - Words of wisdom from some of the world's most inspirational women - How to change and realign your daily habits - What it means to be a true glow getter (FYI it's got nothing to do with make-up!) - How to find your souls sisters who will cheer you on - Bonus 'Glow Guides' at the end of each chapter helping you to take action right away - All the encouragement and inspiration you need to become the woman you dream of being This book will change you-all you have to do is pay attention, do the work, and show up for yourself. What's stopping you from taking a chance and living the glow getter life? What are you waiting for? Your fabulous new life awaits you inside.

Haunted

A Novel *Anchor*

Haunted is a novel made up of twenty-three horrifying, hilarious, and stomach-churning stories. They're told by people who have answered an ad for a writer's retreat and unwittingly joined a “Survivor”-like scenario where the host withholds heat, power, and food. As the storytellers grow more desperate, their tales become more extreme, and they ruthlessly plot to make themselves the hero of the reality show that will surely be made from their plight. This is one of the most disturbing and outrageous books you'll ever read, one that could only come from the mind of Chuck Palahniuk.

The Book Thief *Knopf Books for Young Readers*
#1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE’S 100 BEST YA BOOKS OF ALL TIME The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can’t resist-books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *I Am the Messenger*, has given us one of the most enduring stories of our time. “The kind of book that can be life-changing.” —The New York Times “Deserves a place on the same shelf with *The Diary of a Young Girl* by Anne Frank.” —USA Today DON’T MISS BRIDGE OF CLAY, MARKUS ZUSAK’S FIRST NOVEL SINCE THE BOOK THIEF.

The Oh She Glows Cookbook

Over 100 Vegan Recipes to Glow from the Inside Out *Penguin*
The New York Times bestseller from the founder of Oh She Glows "Angela Liddon knows that great cooks depend on fresh ingredients. You'll crave every recipe in this awesome cookbook!" —Isa Chandra Moskowitz, author of *Isa Does It* "So many things I want to make! This is a book you'll want on the shelf." —Sara Forte, author of *The Sprouted Kitchen* A self-trained chef and food photographer, Angela Liddon has spent years perfecting the art of plant-based cooking, creating inventive and delicious recipes that have brought her devoted fans from all over the world. After struggling with an eating disorder for a decade, Angela vowed to change her diet — and her life — once and for all. She traded the low-calorie, processed food she'd been living on for whole, nutrient-packed vegetables, fruits, nuts, whole grains, and more. The result? Her energy soared, she healed her relationship with food, and she got her glow back, both inside and out. Eager to share her realization that the food we put into our bodies has a huge impact on how we look and feel each day, Angela started a blog, ohsheglows.com, which is now an Internet sensation and one of the most popular vegan recipe blogs on the web. This is Angela's long-awaited debut cookbook, with a treasure trove of more than 100 mouthwatering, wholesome recipes — from revamped classics that even meat-eaters will love, to fresh and inventive dishes — all packed with flavor. The *Oh She Glows Cookbook* also includes many allergy-friendly recipes — with more than 90 gluten-free recipes — and many recipes free of soy, nuts, sugar, and grains, too! Whether you are a vegan, "vegan-curious," or you simply want to eat delicious food that just happens to be healthy, too, this cookbook is a must-have for anyone who longs to eat well, feel great, and simply glow!

Collective Wisdom

Lessons, Inspiration, and Advice from Women over 50 *Artisan Books*
POWERFUL WISDOM FROM THE ELDERS OF OUR COMMUNITIES In this rich and multilayered collection of interviews, conversations, and intimate photographs, over 100 trailblazing women describe the ups, downs, and lessons learned while forging their unique paths. *Collective Wisdom* celebrates the stories of those who have been there and know the road—from an Olympic athlete and a NASA team member to award-winning artists, activists, writers, and filmmakers, from women in their fifties to centenarians. It is also a tribute to the importance of intergenerational connections between women, with interviews conducted by daughters, friends, mentors, and colleagues. *Collective Wisdom* creates a living, breathing sense of community—a space where all of us can gather, listen, share, and learn.

Woman that Glows in the Dark

Giant Days: Where Women Glow and Men Plunder #1 *Boom! Studios*
Stop the presses! Ed Gemmel has a girlfriend. With Christmas looming, it's time to meet her family—in Australia. Which is fine. Who cares that they're all Manly Men! Ed once... did something manly. That one time. It happened. It's going to be fine.

The Radium Girls: Young Readers' Edition

The Scary but True Story of the Poison that Made People Glow in the Dark *Sourcebooks, Inc.*
An inspiring and engaging historical nonfiction book for kids 9 to 12, this newly adapted young readers' edition of the acclaimed national bestseller tells the story of America's glowing girls and their brave fight for justice Amid the excitement of the early twentieth century, hundreds of young women spend their days hard at work painting watch dials with glow-in-the-dark radium paint. The painters consider themselves lucky—until they start suffering from a mysterious illness. As the corporations try to cover up a shocking secret, these shining girls suddenly find themselves at the center of a deadly scandal. The *Radium Girls* tells the unbelievable true story of these incredible women, whose determination to fight back saved countless lives. This enthralling and accessible young readers' edition of the New York Times and USA Today bestseller includes all-new material,

including a glossary, timeline, and dozens of bonus photos.

To All Wildflowers

Wild Woman Sisterhood Anthology I

This is a not for profit project to help empower women and give support through our stories of survival, overcoming abuse, self-doubt, our environment and cultures to find true freedom and love ourselves as well as others.The mission was to tell raw unfiltered stories of faith, love, tragedy and get down to what really makes us who we are. We have not censored or edited out any of the triggers, language, or voice of our authors...this is as raw as you can get!Find out what we are up to next on Facebook:Wild Woman Sisterhood Anthology

Girl, Woman, Other

A Novel (Booker Prize Winner) Grove Press

NATIONAL BESTSELLER WINNER OF THE BOOKER PRIZE “A must-read about modern Britain and womanhood . . . An impressive, fierce novel about the lives of black British families, their struggles, pains, laughter, longings and loves . . . Her style is passionate, razor-sharp, brimming with energy and humor. There is never a single moment of dullness in this book and the pace does not allow you to turn away from its momentum.” —Booker Prize Judges Bernardine Evaristo is the winner of the 2019 Booker Prize and the first black woman to receive this highest literary honor in the English language. Girl, Woman, Other is a magnificent portrayal of the intersections of identity and a moving and hopeful story of an interconnected group of Black British women that paints a vivid portrait of the state of contemporary Britain and looks back to the legacy of Britain’s colonial history in Africa and the Caribbean. The twelve central characters of this multi-voiced novel lead vastly different lives: Amma is a newly acclaimed playwright whose work often explores her Black lesbian identity; her old friend Shirley is a teacher, jaded after decades of work in London’s funding-deprived schools; Carole, one of Shirley’s former students, is a successful investment banker; Carole’s mother Bummi works as a cleaner and worries about her daughter’s lack of rootedness despite her obvious achievements. From a nonbinary social media influencer to a 93-year-old woman living on a farm in Northern England, these unforgettable characters also intersect in shared aspects of their identities, from age to race to sexuality to class. Sparklingly witty and filled with emotion, centering voices we often see othered, and written in an innovative fast-moving form that borrows technique from poetry, Girl, Woman, Other is a polyphonic and richly textured social novel that shows a side of Britain we rarely see, one that reminds us of all that connects us to our neighbors, even in times when we are encouraged to be split apart.

Haben

The Deafblind Woman Who Conquered Harvard Law Twelve

The incredible life story of Haben Girma, the first Deafblind graduate of Harvard Law School, and her amazing journey from isolation to the world stage. Haben grew up spending summers with her family in the enchanting Eritrean city of Asmara. There, she discovered courage as she faced off against a bull she couldn't see, and found in herself an abiding strength as she absorbed her parents' harrowing experiences during Eritrea's thirty-year war with Ethiopia. Their refugee story inspired her to embark on a quest for knowledge, traveling the world in search of the secret to belonging. She explored numerous fascinating places, including Mali, where she helped build a school under the scorching Saharan sun. Her many adventures over the years range from the hair-raising to the hilarious. Haben defines disability as an opportunity for innovation. She learned non-visual techniques for everything from dancing salsa to handling an electric saw. She developed a text-to-braille communication system that created an exciting new way to connect with people. Haben pioneered her way through obstacles, graduated from Harvard Law, and now uses her talents to advocate for people with disabilities. Haben takes readers through a thrilling game of blind hide-and-seek in Louisiana, a treacherous climb up an iceberg in Alaska, and a magical moment with President Obama at The White House. Warm, funny, thoughtful, and uplifting, this captivating memoir is a testament to one woman's determination to find the keys to connection. "This autobiography by a millennial Helen Keller teems with grace and grit." -- O Magazine "A profoundly important memoir." -- The Times ** As featured in The Wall Street Journal, People, and on The TODAY Show ** A New York Times "New & Noteworthy" Pick ** An O Magazine "Book of the Month" Pick ** A Publishers Weekly Bestseller **

The Glow Bloomsbury Publishing

People find me. When it's dark. 1863. An asylum. A woman locked in a windowless cell, with no memory as to who she is, or how she arrived there. When spiritualist medium Mrs Lyall requires a new assistant, this nameless woman seems the perfect candidate. But as the woman's past begins to reveal itself, so do new powers neither are prepared for. Alistair McDowall's haunting new play The Glow was the 2018 Pinter Commission, an award given annually by Lady Antonia Fraser to support a new commission at the Royal Court Theatre. This edition was published to coincide with the world premiere at London's Royal Court Theatre in January 2022.

Own Your Glow

A Soulful Guide to Luminous Living and Crowning the Queen Within Hay House, Inc

Own Your Glow is an inspirational, actionable, and wildly enriching companion for change. Celebrity wellness and lifestyle guru, Latham Thomas provides soulful principles that offer an illuminated path for examining life’s challenges, helping you curate your path to greatness, while embracing your uniquely feminine attributes. Packed with rituals, meditations, and snackable lifestyle tips, Thomas provides a clear framework for harnessing

your passion, developing spiritual fitness, and embracing true vulnerability. This guide is for anyone who wants to witness her own life transform and contribute to the positive change of the world around her. Combining spiritual, psychological, and self-reflective tools, Thomas offers an antidote to the hustle-hard, make-it-happen mainstream culture and fosters slowing down, intentionality, and self-care as a pathway to empowerment. How much more potent and powerful would we all be if we embraced our inherent talents, strengths, and feminine edge, rather than dwelling in patterns of self-criticism, doubt, and catty competition? Thomas invites you to step into a soulful, fulfilling life of freedom, transcending self-destructive habits and creating a blueprint for a more gratifying, centered, and bountiful way of living. Own Your Glow is an awakening roar for women to mobilize, become the masters of their lives, and hold their crowned heads up high, letting their relentless light from within shine bright for the world.

Fever Dream

A Novel Penguin

“A wonderful nightmare of a book: tender and frightening, disturbing but compassionate. Fever Dream is a triumph of Schwebelin’s outlandish imagination.” –Juan Gabriel Vasquez, author of The Sound of Things Falling and Reputations A young woman named Amanda lies dying in a rural hospital clinic. A boy named David sits beside her. She’s not his mother. He’s not her child. Together, they tell a haunting story of broken souls, toxins, and the power and desperation of family. Fever Dream is a nightmare come to life, a ghost story for the real world, a love story and a cautionary tale. One of the freshest new voices to come out of the Spanish language and translated into English for the first time, Samanta Schwebelin creates an aura of strange psychological menace and otherworldly reality in this absorbing, unsettling, taut novel.

A Girl and Her God

Growing and Glowing in His Glory

A girl and her God was written for the woman who is hungry and thirsty for a closer relationship with the Lord. As modern day women, we have become caught up with the cares of this world and as a result, our relationship with God has taken a serious hit. Getting back to our first love is crucial if we are to survive the nuclear bombs of this life. The seed is planted, God is watering, so why are we not growing? Growing in the Lord means that we start to glow in Him. For we carry His glow in our appearance by being in constant communion. Shaniqua uses the stories of women in the Bible to draw out major character qualities we should strive to attain as godly women if we are to be who Christ calls us to be. This book encourages the reader to get to the place where they want to grow and glow in His glory above all else.

The Girl who Chased the Moon

A Novel Bantam

Moving in with the grandfather she never knew after the death of her mother, 17-year-old Emily witnesses bizarre supernatural activities in her new North Carolina community while befriendng its remarkable residents. By the author of The Sugar Queen. Reprint.

The Little Book of Colour

How to Use the Psychology of Colour to Transform your Life Penguin UK

A SUNDAY TIMES DESIGN BOOK OF THE YEAR _____ The definitive guide for harnessing the power of colour to improve your happiness, wellbeing and confidence Wouldn't you like to boost your confidence simply by slipping on 'that' yellow jumper? Or when you get home after a stressful day, be instantly soothed by the restful green of your walls? The colours all around us hold an emotional energy. Applied Colour Psychology specialist, Karen Haller, explains the inherent power of colour; for example, looking closely at the colours we love or those we dislike can bring up deeply buried memories and with them powerful feelings. A revolutionary guide to boosting your wellbeing, The Little Book of Colour puts you firmly in the driver's seat and on the road to changing the colours in your world to revamp your mood and motivation. Illuminating the science, psychology and emotional significance of colour, with key assessments for finding your own true colour compatibility, this book will help you to rediscover meaning in everything you do through the joy of colour. Get ready to join the colour revolution, and change your life for the better.

Grown: The Black Girls' Guide to Glowing Up Bloomsbury Publishing

'Thank you for being the baddest in the literary game, knowing and loving us Black girls' Candice Carty-Williams, author of Queenie 'Such a loving and warm guide and ode to black girls, I am so happy the younger generation have this in their lives' Bolu Babalola, author of Love in Colour Your big sis in book form, Grown is the ultimate fully illustrated guide to navigating life as a Black teenage girl. With a foreword from the inimitable Spice Girl Melanie Brown and contributions from inspirational Black women such as Diane Abbott MP, Dorothy Koomson and Candice Carty-Williams and illustrations from Dorcas Magbadelo, Grown is a celebration of Black British girlhood that will empower teens everywhere. Being a teenager and trying to understand who you are and what you stand for is hard. Period. But if you're a Black girl and don't always see yourself represented in the books you read, the films you watch, the adverts you see or the history you're taught, it can be even tougher. Grown: The Black Girls' Guide to Glowing Up was written with one thing in mind sis. You. From understanding identity to the politics of hair to maintaining squad goals to dealing with microaggressions to consent to figuring out what career you might want, Grown has got your back. Natalie A. Carter and Melissa Cummings-Quarry, founders of Black Girls' Book Club, share stories - the wins and the Ls - and offer honest, practical advice that will show you how to own your choices. To live your truth without fear. To be grown on your own terms without limits or apologies. Grown. It's a mood. It's a mindset. It's a mantra. It's a

lifestyle. It embodies everything that makes us who we are.

Hitler's Furies

German Women in the Nazi Killing Fields *Houghton Mifflin Harcourt*

A history of German women in the Holocaust reveals their roles as plunderers, witnesses, and actual executioners on the Eastern front, describing how nurses, teachers, secretaries, and wives responded to what they believed to be Nazi opportunities only to perform brutal duties.

Animal

The Autobiography of a Female Body *Faber & Faber*

The hilarious feminist account of the female body by the award-winning comedian ** PRE-ORDER SARA PASCOE'S NEW BOOK SEX POWER MONEY NOW** 'HILARIOUS' Daily Telegraph 'Brilliant' Frankie Boyle Sometimes Sara Pascoe confuses herself. She gets wildly and pointlessly jealous. She spends too much time hating her bum. And you know what she hates more than her bum? Her preoccupation with her bum. She's had sexual

experiences with boys she wasn't really into, but still got a post-coital crush on them. She's ruined brand-new relationships by immediately imagining them going into reverse. There was so much about her behaviour that Pascoe wanted to understand. So she started researching what makes us - women - tick. And what she read made her eyes fall out of her face. Reader, here is everything science has to tell us about love, sexuality, infidelity, boobs, periods, pubes, broodiness, and clever old fat. Merry Christmas and Hallelujah! Suddenly being a woman doesn't look like such a minefield after all. 'Fresh and HONEST' Guardian 'Timely and INTELLIGENT' The Times 'FUNNY, sad, angry, affronted, engaging and ENLIGHTENING' Stylist

Skin Talks

Secrets to glowing skin for men and women *Random House India*

The skin is the largest and the most visible organ of the body, but it is also one that ages the fastest! Unfortunately, when it comes to right skin care, most of us are totally clueless. With Skin Talks, you can be your own skin doctor by learning about: • the process of skin ageing and its causes • home remedies for skin problems like sun tan, acne, and pigmentation • how to take care of your skin by using the right cleansers, moisturisers, sunscreens, and anti-ageing creams • the difference between skin care in summer, winter, and monsoons • tips to add to your daily routine Written by one of India's top cosmetic dermatologists, Skin Talks is your quintessential beauty bible to help you achieve healthy, supple skin. So what are you waiting for? It's time to let your skin blossom.