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We are excited to offer this 7-week course in which we will cover

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Everyday Dharma - Great Pond Sangha

During the seventh week, the Buddha meditated under the rajayatana tree. On the fiftieth morning, after seven weeks of fasting, two merchants came into his presence. They were called Tapussa and Bhallika. They offered the Buddha rice cakes and honey to break his fast and the Buddha told them some of what he had found in his enlightenment.

Life of Buddha: 7 Weeks after Enlightenment (Part One)

The closing ceremony takes the place of Dharma Seminar this week. Online in Zoom. Dec 07, 2020. Everyday Caring ... Dec 2020 Everyday Zen Dharma Seminar Dec 9,16,23,30 Online in Zoom. Dec 28, 2020. Everyday Caring An online offering for

practitioners during this time of the Covid-19 pandemic. Everyone welcome.

Everyday Zen :: Schedule

Lama Willa, teacher with Natural Dharma Fellowship in Cambridge, MA, shares the companion meditation exercises to her book Everyday Dharma.

Everyday Dharma on Apple Podcasts

She is editor, author and translator (respectively) of three books: The Arts of Contemplative Care: Pioneering Voices in Buddhist Chaplaincy and Pastoral Work (2012), Everyday Dharma: Seven Weeks to Finding the Buddha in You (2009), and Essence of Ambrosia (2005). Her articles and translations have appeared in Lion’s Roar, Buddhadharma, the Journal of the International Association of Buddhist Studies, the Tibet Journal and other periodicals.