
Moving Picture Experts Group 4

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Emociones que curan y emociones que matan - Revista Esfinge

Que la mente, las ideas y las emociones afectan a nuestras moléculas, a nuestra salud física, mucho más de lo que se creía. Las emociones son un puente no solo entre la mente y el cuerpo, sino también entre el mundo físico y el espiritual. Que todas las moléculas poseen un aspecto vibracional y otro de partícula o fisiológico. Las moléculas de las emociones afectan a todas las ...

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Emociones que sanan 13 Abr “La mente , las emociones y el cuerpo están íntimamente relacionados, formando un sistema integrado que cuando se mantiene en equilibrio da como resultado una salud óptima”, señala a Efe, el psicólogo Óscar Asorey, director de dos clínicas de atención multidisciplinar ISEP Clínic en Reus y Tarragona.

Emociones que sanan | Joicie Castillo

Emociones que sanan Hoy os recomiendo la lectura de este artículo, donde se comenta la importancia de estar en contacto con nuestro cuerpo, porque en él se “impronta” todo lo que sentimos. La mente , y el cuerpo están completamente relacionados, ya no podemos verlos como 2 entes diferentes, que funcionan cada uno a su aire.

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emociones que matan y emociones que sanan Esto tampoco es mío, pero confirma muchas de las cosas que he aprendido hasta el día de hoy. Que la actitud y la posición ante cada situación es lo que la convierte en un problema o una oportunidad, hace la diferencia entre la vida y la muerte.

My Quotes: EMOCIONES QUE MATAN Y EMOCIONES QUE SANAN

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